

wiggle

THUNDER RUN 10K

Saturday April 25th 2009

Catton Hall, Walton on Trent, Nr Tamworth

RACE DETAILS

Race start time: 10:00

Race distance: 10km

Race Limit: 500 runners

Closing date for entries: April 10th or sooner if race limited is reached.

Enter early as demand is expected to be high.

Entry fee: £16 – Affiliated
£18 – Unaffiliated

HOW TO ENTER

Online: visit
www.runnersworld.co.uk/events

Post: Complete entry form & return to THUNDER RUN 10K, PRO VELO SUPPORT, VEIN COTTAGE, REAPSMOOR, DERBYS, SK17 0LG. Enclose cheque made payable to 'PRO VELO SUPPORT'.

Successful entries will be notified by email within 1 week of receipt.

Entries are allocated on a first come, first served basis.

Entries are non-refundable & non-transferable.

Timing chips are to be picked up at registration. They will NOT be posted in advance.

For further race information log on to www.provelosupport.com

COMPETITOR APPLICATION

Name:

Surname:

Address:

Postcode:

Email:

Telephone:

Club (if applicable):

Age on race day:

Estimated time to cover 10k:

Entry Fee Enclosed:

MEDICAL INFORMATION

If you have any existing medical conditions ensure that you write the relevant information on the back of your number board.

OFFICIAL RACE CHARITY

The British Heart Foundation is the nation's heart charity, dedicated to saving lives through pioneering research, patient care, campaigning for change and by providing vital information. But we urgently need your help. We rely on donations of time and money to continue our life-saving work. So don't just run, get sponsored - together we can beat heart disease. Registered Charity Number 225971

Please send me a BHF fundraising pack



Race Declaration:

I the undersigned, agree to participate in the Thunder Run 10K entirely at my own risk & under UKA rules. I declare that I understand the risks involved and that I am medically fit to compete and agree to compete in a cheerful and sportsmanlike manner. I also agree not to hold the organisers, its sponsors, its employees, or those of the race venues or the local council and its associates liable for any mishap, injury or loss caused during the duration of the event. I agree to follow instructions given by the organisers and/or officials.

Signed:

Date:



RUNNER'S WORLD

